

## THE SCHOOL

### PLAYTIME IN THE PUBLIC SCHOOLS

The Educational Value of Play.

By J. W. DINSMORE

#### THE PLAYGROUND.

##### PLAY GROUND FORESIGHT.

Every school should be provided with an ample play ground, the whole site occupying at least two acres. The location should be chosen with a view to fitness. That is, it should be land slightly elevated, but level. If possible, there should be separate spaces for the sexes, tho it is entirely proper for them to play together, when they choose to do so under the supervision of the teacher.

There should also be a place for the very small children who cannot share in the games of the larger pupils.

The boys should have a space large enough for base-ball or "scrub-ball" as it is usually played in rural districts. If the ground is unsuitable at the beginning of the term, it should be among the first duties of the teacher, with the assistance of the pupils to put it in shape. All shrubbery, bushes, stones and sticks should be removed and the surface made smooth. There should be trees, flowers and grass on some portion of the school grounds, but not on the site chosen for play. When the several

divisions have been made, and the boundaries indicated, no unnecessary trespassing should be allowed.

#### CLASSIFICATION OF GAMES

Some games only require physical strength, or agility, as "Leap Frog," "Prisoner's Base," and nearly all games of running and jumping may therefore be styled as "physical exercise games."

Then there are those which depend upon skill, such as "marbles" and "mumble-ty-peg."

Some are almost wholly mental, as "checkers" "chess," and all card games.

Again, there are games of chance as dice-throwing, matching pennies, and many others.

Some combine the qualities of chance and skill, as most card games, where the player must take the cards dealt to him and make the most out of them by skillful handling.

The best games for young people are those that combine physical exercise with thought and skill. A large number compose this class, chief of which in school life are football, baseball and basketball, lawn tennis and croquet.

## THE FARM

### THE HOME FRUIT GARDEN

By F. O. CLARK

(Continued from July 8.)

The subject of pruning fruit trees, which was mentioned in the last article on the above subject, is perhaps less understood than any other part of fruit growing.

A plant has a certain amount of strength, and if we allow all of this to be used in producing branches there is nothing left to make the fruit. We should grow as few branches as possible, and still have enough to bear and feed the fruit, and to keep the plant alive. Nearly all fruit bearing plants should be trimmed once in a year. This should be done in the early spring, before the buds begin to swell.

What, then are we to prune off? Here is where the great mistake is made. We generally take off the first that we come to, without regard to fruit bearing. Each plant bears its fruit in a peculiar manner, some on wood one year old, some on two year old wood, and some on spurs, of various ages.

No plant bears fruit on branches of all ages. We see then that it is necessary to know the plant lest we destroy its possibilities of fruit bearing. The apple and pear fruits, are borne upon short spurs of the previous year's growth only. This spur must be one year and it must grow from a branch that is one year old or more.

It is very natural to cut off these little spurs along the branches to make the tree look smooth, but it must not be done. The ends that have grown long and whip like should be cut off, the water sprouts and all branches that grow down or crosswise enough to rub other branches.

The tree should be kept balanced as far as possible. The places where the branches are thick should be thinned out. All cuts should be made close up to the trunk or main limb.

The grape bears its fruit on shoots of the season, and these young shoots come from canes of the previous years' growth. Only a few exceptions may be found. Old wood (that is over two years old) is therefore of little value. Old canes are harmful as plant food is required to keep them alive. Of course the main cane of a grape vine must be old but this should be as short and small as possible. Did you ever see a farmer cut off all the one year old canes, and then expect the old ones to produce grapes? It is best to cut off all but four or five canes, but these should be as far as possible of the one year old stock.

But some one asks, "Why talk about pruning trees at this time of the year?"

To prune correctly you must understand the habit of the plant, what part of the tree and on what aged branches is the fruit produced. Now is the time to get out and examine the trees and vines. Note where the fruit grows, where it starts to grow and then decays. See what trees produce finest quality, note whether or not these are in low places, whether the branches are thick or thin, are the water sprouts of any value or do they hurt the tree.

Locate the useful branches and then save these when pruning time comes. In short study your trees and vines and you will be convinced that proper pruning is a great step towards success with the home fruit garden.

## THE HOME

### SEASONABLE RECIPES

By Mrs. Jennie L. Hill.

Now that the summer relishes are becoming abundant the house keeper begins to think of the winter supplies. Here is a good recipe for

#### ONION AND CUCUMBER PICKLES.

Wash thoroughly and dry one peck of very small cucumbers. Peel one heaping quart of small onions. Have jars clean and cold; fill jars with alternate layers of cucumber, onions, a slice of sweet red pepper to each layer, and sprinkle each liberally with whole allspice and celery seed. Seal 1 gallon good cider vinegar containing one cup of salt and one two-thirds cup of granulated sugar; pour this mixture while hot over the cucumbers and seal at once.

The cucumbers must be perfectly fresh or the pickle will not be crisp. After corn on the cob and fried corn have had their innings, try some CORN FRITTERS.

Take six ears of sweet corn split the grains and scrape from the cob. Mix with a tablespoonful of flour, one-half teaspoon of baking-powder, one-fourth teaspoon of salt and one egg,

well beaten. Drop by spoonfuls on a hot greased griddle and bake slowly so as to be well done through. Be careful not to burn.

#### SUCCOTASH.

Is a welcome change after corn and beans alone have become common.

Take one dozen ears of uncooked corn scraped. Boil until well done, one pint of shelled lima beans, add these to the corn with one cup of the liquor with which the beans were cooked. Season with a tablespoonful of butter and salt and pepper to taste. Allow the succotash to boil up twice. By then the corn will be cooked and ready to serve. When lima beans can not be had, the common shelled beans may be used.

#### STUFFED TOMATOES.

Scrape corn from three ears, mix with the centers taken from six good sized firm tomatoes, add salt and pepper, refill the tomatoe shells and bake till tender.

Instead of using fresh corn, left over fried or boiled corn may be used in this way.

#### Another Way of Looking at It.

Little Johnnie, not yet three years old, is very fond of his grandfather. One day, while following him, he said: "Gran'pa, you's got a hole in you pants." Gran'pa said: "Where, John? I can't see it." John replied: "Look at it wit yous finger, gran'pa."—The Delineator.

#### The Man Fond of His Work.

Give us, O give us the man who sings at his work! Be his occupation what it may he is equal to any of those who follow the same pursuit in silent sullenness. He will do more in the same time—he will do it better—he will persevere longer.—Thomas Carlyle.

## INDIVIDUAL FARMS

Will Be Given Unequalled Opportunities at the Great Blue Grass Fair.

### CONDITIONS FOR EXHIBITS

All Kentucky Farmers Eligible to Enter Extraordinary Competitive Exhibit Under Simple Conditions Set Out Below—Do Not Forget That Entries Close Monday, August 2.

In order to stimulate interest in improved agriculture and to offer opportunity to show to the world the character of farm products grown in this section, the Blue Grass Fair, to be held at Lexington the week of August 9-14, has framed conditions for the following exhibit, which should be one of its most attractive and beneficial features:

Exhibit of products from individual farms, not less than six from appended list to be shown, all to be grown by exhibitor, \$100, divided into four premiums—\$50, \$25, \$15, \$10.

From the following list the exhibitor is to choose not less than six products of his own farm to be shown, and it is also understood that exhibitor may show as many more than six as he may desire:

Burley Tobacco—One plant of green tobacco in pot or cut.

Hemp—Three-inch bundle.

Corn in Stalk—Six stalks.

Sorghum in Stalk—Six stalks.

Wheat in Straw—Two-inch bundle.

Oats in Straw—Two-inch bundle.

Rye in Straw—Two-inch bundle.

Barley in Straw—Two-inch bundle.

Alfalfa—Two-inch bundle.

Red Clover—Two-inch bundle.

Alsike—Two-inch bundle.

Crimson Clover—Two-inch bundle.

Soy Beans—Two-inch bundle.

Cow Peas—Two-inch bundle.

Blue Grass—Two-inch bundle.

Timothy—Two-inch bundle.

Orchard Grass—Two-inch bundle.

German millet—Two-inch bundle.

Potatoes—Selection of six, any named variety.

The exhibits will be judged by points on the following basis: Quality, 60 points; diversity and commercial value, 25 points; arrangement, 15 points.

Where grains are exhibited in the bundle, the judge will consider both quality and quantity.

All samples of grains must be correctly named as to variety. Tags to so designate them will be supplied by the superintendent in charge.

Each exhibit must be arranged so as not to occupy more than five feet of wall space. It is suggested that all exhibits of small grains, grasses and legumes be attached to a board, as in this way a much more effective display can be secured.

In the case of tobacco it is suggested that plants intended for exhibit be grown in pots, though cut tobacco may also be shown.

Where an exhibitor grows both smooth and bearded wheat he may, if he so desires, show a bundle of each and have same count as two of the six articles required to permit his exhibit.

The phrase, "two-inch bundle," used to designate quantity to be shown, means two inches in diameter where tied.

All exhibits will be marked by number tags alone, and no names of exhibitors shall in any case be attached nor shall there be any designation used whereby the identity of exhibitors may be known until after awards are made.

Exhibitors from any county in Kentucky will be eligible to competition. Entries close Monday, Aug. 2, at 6 o'clock p. m., and no entry will be accepted thereafter.

All exhibits must be placed not later than 6 o'clock p. m., of Saturday, Aug. 7, and no exhibit that is not in place and complete at that time shall be eligible to compete.

Prof. H. Garman of the Kentucky Experiment Station will act as judge.

Prof. George Roberts of the State University of Kentucky, will be Superintendent in charge.

The standing committee for the department consists of Mr. C. E. Marvin, chairman; Prof. C. W. Matthews, Dr. S. H. Halley, Prof. George Roberts, Mr. George D. Karsner.

Though in no sense relating to this exhibit or coming into competition for any of the prizes offered, the management of the Blue Grass Fair is gratified to state that the Kentucky Experiment Station will make a display at the fair on the lower floor of the Floral Hall, where this exhibit will be held. The display will be taken principally from the department of Prof. H. Garman, and will not only include a large number of samples of crops grown on the Experiment Station farm, but will also attempt to set forth intelligibly the insect pests which are a marked detriment to farm crops grown in Central Kentucky and which can be successfully combated by farmers who use improved methods recommended by the Experiment Station.

As in past years, the Blue Grass Fair will continue both day and night during the week of August 9th to 14th. Each evening, beginning at 7:30, a band concert will be given, the full program of free acts will follow, and all the large aggregation of shows will be open.

## GOOD HEALTH

Dr. Cowley tells how to get and keep it. A series of articles each one of which may be worth the price of a doctor's bill or a coffin. Especially prepared for The Citizen.

### DEADLY DIPHTHERIA

Diphtheria is an extremely dangerous disease because it is very contagious and very fatal. But diphtheria is a distinctly preventable disease. The germs causing the disease are lodged in the throat and are coughed and sneezed and spit out by the patient. If then the patient coughs, sneezes and spits into cloths or papers which are immediately burned the germs of the disease are largely destroyed and the danger to others greatly lessened. When a child has sore throat, especially if diphtheria is in the neighborhood, it should be at once separated from the rest of the family and the person who nurses it should not mingle with the rest of the family but stay in the room with the patient.

Don't wait till the doctor calls it diphtheria for then it is too late to prevent the rest of the children catching it but do it as soon as the throat shows any white or light colored spots.

After the patient is well and the throat has been clear of membrane for one week the room should be fumigated with sulphur over night and then all the bedding hung in the sun all day.

No person from the house where diphtheria is should go to school church or other public assembly.

Treatment. Every case of diphtheria should be treated with diphtheria antitoxin. If your doctor hasn't it on hand have him get it at all costs as soon as possible. In case of death the body should be wrapped in a sheet wet with carbolic acid solution and no public funeral held. These simple directions if followed will prevent the spread of diphtheria and cure almost every case.

### Negative Virtues.

Beware of making your moral staple consist of the negative virtues. It is good to abstain, and teach others to abstain, from all that is sinful or hurtful. But making a business of it leads to enervation of character unless one feeds largely also on the more nutritious diet of active sympathetic benevolence.—Oliver Wendell Holmes.

### The Shoe for Luck.

The bride or bridegroom must not pick up the shoe that is thrown when they are departing. Sometimes in play it is thrown back at those who hurried it. The proper person to throw the shoe is the bride's father, and it is considered very unlucky to pick up the shoe.

### EASTERN KENTUCKY

(Continued from last page)

Creek the second Saturday of August. We hope to have representatives from all the schools there with good reports.—Our schools began last Monday with a large attendance and much interest by all.—Eva Mortise of Atlanta, Laurel Co. and Curtis Howard of Laurel Creek died recently of consumption. Both leave a large circle of bereaved friends.—The primary election takes place next Saturday. All candidates are exceedingly hopeful even if there are only nine aspirants for the same office as in the case for assessor. We hope to see the men of this county stand by the principles of their party and make this the banner one in a clean election, selecting men who will serve their county well.—Dr. Maggard and Mr. Jesse McDaniel report a successful fishing excursion to Goose Creek.—Mrs. John Muncy and two daughters of Hyden are visiting friends here.—Chester Rice has gone to be examined for entrance to the United States army.—Mrs. Rose and daughter of Williamsburg are visiting here during the illness and death of their brother and uncle, Mr. E. Rawlings.—James J. Well, a recent graduate of Berea's Normal Department, is doing excellent work in the Tanyard school.—Mr. Emil Rawlings passed away this morning because of heart disease. He was one of the leading business men of this community being a member of the gas and telephone companies. Mr. Rawlings was the son of Lafayette and Fannie Rawlings, pioneer settlers of this place. They have long been recognized as the leaders of Burning Springs in religious and municipal affairs. He leaves a widow, two sons, three daughters, parents, brothers sisters and a host of friends to mourn his untimely death. We extend to his bereaved family our heartfelt sympathy in their loss of a kind husband and father. This community has lost one of its best men. Mr. Rawlings' life of industry, fidelity, honesty and deep interest in religious and municipal affairs will influence others to be loyal to all that tends to making a successful home and country. For years he has been a consistent member of the M. E. church. The K. P. Lodge of this place assisted by the Rev. Mr. Johnson will conduct the funeral service. Interment will be in the Macedonia cemetery today.

### BRIGHTSHADE.

Brightshade, July 16.—Most of the schools have begun.—Floyd Wagers has gone to Manchester to take the examination.—Joe Lewis, candidate for jailer was here yesterday electioneering.—Crops have been damaged by the excess of rain, especially in bottom lands. The crop of potatoes, however, is very fine.—The stove mill has been running during the past week and there are now no more rough staves on the yard. Little attention is being paid to the stove business this year.—The county Republican primary, which is to be held Aug. 2 is getting to be the subject of much comment. School Superintendent Luther Hutton, and Wm. Rice, candidate for county clerk, have no opposition. But for all other important offices there are several candidates and close contests will be the result.—Regular church services were held at Mudlick Saturday and Sunday, with preaching by Rev. Wm. Cotton-gim and Rev. Marsh Broughton.—It is not probable that there will be any school this fall at Mudlick and at Indian Grave Branch, since there are no school houses in these sub-districts.

### ESTILL COUNTY.

#### WAGERSVILLE

Wagersville, July 26.—There is a great deal of sickness in this vicinity.—Mr. and Mrs. Simp Warford and children Mr. and Mrs. Ambrose Wilson were the guests of Mr. and Mrs. Jeff Wagers Saturday night and Sunday.—Little Park Flynn is very sick with typhoid.—Mr. and Mrs. J. M. Edwards were visiting at Rice Station Sunday afternoon.—Mrs. Jeff Wagers is sick.—Miss Cynthia Sparks entertained a number of friends Sunday.—Miss Lena Edwards was the guest of Miss Katherine Wagers Sunday.—Misses Etta and Lizzie Wagers of Richmond and Anna M. Scrivner visited Miss Mary Wilson Saturday night and Sunday.—Mr. and Mrs. Horace Warford were the guests of Mr. and Mrs. Sam Conleton on Doe Creek Saturday night and Sunday.—Elder H. J. Clark delivered a very interesting sermon at the Wagersville school house Saturday night.—Mrs. A. E. Scrivner is visiting relatives in Richmond and Berea.—Mr. and Mrs. Ambrose Wagers visited the latter's parents Mr. and Mrs. R. J. Scrivner Saturday and Sunday.—Misses Nettie and Bess Wagers of Richmond went home last week after a month's visit with Miss Katherine Wagers.

#### LOCUST BRANCH.

Locust Branch, July 26.—Uncle David Gentry is very ill.—The Rev. Mr. Winkler filled his regular appointment here yesterday, and delivered a very interesting sermon. Brother Winkler has been preaching at the Parks school house in the new church building for the past week and will still continue for a few days. He has taken seven confessions.—Prof. Wess French of Witt, will begin a singing at Beaver Pond church Saturday night August 7.—Misses Bettie and Effie Bicknell of Wallacetown are visiting relatives at this place.—We were favored with good singing here in church Sunday, which was highly appreciated and we owe our thanks to Profs. Cox and French, Misses Lillian Howard Ollie Cox and Land.—Dr. Land and wife who are now in Oklahoma are expected home about August 6.—Mr. Jas. Combs and Will Todd passed thru here Monday on their way to Cavander to buy sheep.—Mr. Sherman Land went to Irvine Saturday on business.—H. G. Bicknell is in Panola today on business.—Mr. and Mrs. D. B. Dennie visited at H. G. Bicknell's Sunday.—Miss Pearsons of Panola visited Miss Florence Coyle Saturday night and Sunday.

### OWSLEY COUNTY.

#### ISLAND CITY

Island City, July 22.—People are done laying by corn.—Crops look better now than for ten years.—School began at Oak Grove July 18 with about eighty attendance. J. F. Brewer and D. G. Wood, teachers, several of the patrons were out and heard a nice delivery from Brewer, Wood, and Superintendent P. M. Frye.—Jas. Kelley passed thru here Monday on his way to Doe Creek.—S. G. Fields of Sexton Creek was on Island Creek Monday.—W. J. Gentry received an increase on his pension from \$8.00 up to \$10.—Silas Moore one of Berea's students began his school at Riverside July 18th. It was his first entrance as a teacher.—Arthur Bryant will leave in a few days for California where he expects to make his home.—T. H. Hurst one of Owsley County's best qualified men is now a candidate for magistrate in the Sturgeon precinct.—Elias Neeley of Blake will move his saw and grist mill to White Oak in a few days.—Old corn still continues at \$1 per bushel.—James Short a traveling grocery salesman was on Island Creek Monday.—George Harvey left Sunday for Booneville with his son who is very low with rheumatism.—It is reported that Hugh Crank will begin a series of meetings at Walnut Grove in a few days.—The Rev. J. T. Gentry is expected home in a few days from Harlan.—James Kelley has purchased a new talking machine.—Harvey Johnson filled his regular appointment at Oak Grove Sunday.—There was a

### THE MARKET

#### Berea Prices

Cabbage, new 4c. per lb.  
Potatoes, new \$1.00 per bu.  
Eggs per doz., 15c.  
Butter per lb. 20c.  
BACON—  
Salt side, 12½c.  
Breakfast Bacon, 15c.  
Premium Bacon, 22c.  
HAMS—  
Country, 14c.  
Premium, 15c.  
Lard per lb., 12c., Pure 14c.  
Fryers on foot 12½c. per lb.  
Hens on foot 9c. per lb.  
Feathers, per lb 35c.  
Hay, No. 1 Timothy \$16 per ton.  
Common, \$14 per ton.  
Corn 85c. per bu.  
Wheat per bu. \$1.00.  
Oats, 75c. a bu. in 5 bu. lots.  
Cracked corn \$1.90 per 100 lbs.  
Wheat screenings \$2.00 per 100 lbs.  
Ship stuff \$1.50 to \$1.60 per 100 lbs.  
Ties, No. 1, L. & N. 8½x7x9, 45c; culls, 20c.

#### Live Stock

\* Louisville, July 27, 1909.

CALVES—Best 6 50 7 00  
Beef steers and fat heifers 3 35 5 65  
Cows 3 30 4 75  
Cutters 2 00 3 35  
Canners .90 2 15  
Bulls 2 00 4 25  
Feeders 3 50 4 75  
Stockers 2 25 4 50  
Choice milch cows 35 00 42 50  
Common to fair 15 00 35 00  
Cattle market very dull.  
CALVES—Best 6 75 7 25  
Medium 4 00 6 50  
Common 2 50 4 00  
HOGS—165 lbs and up 8 15  
130 to 165 lbs 7 85  
Pigs 5 25 7 25  
Roughs 7.15 down.  
SHEEP—Best lambs 6 50 7 00  
Butcher lambs 4 75 5 25  
Culls 3 00 4 00  
Best fat sheep 4.25 down.  
MESS PORK \$13.50.  
HAMS—Choice, sugar cured, light and special cure, 14½c, and 15c, heavy to medium 14½c.  
BREAKFAST BACON 17½c.  
SIDES 13½c.  
BELLIES, 15½c.  
SHOULDERS 12½c.  
DRIED BEEF, 15c.  
LARD—Pure tierces 12½c. tub 13c. pure leaf tierces 14c, firkins 14½c. tubs 14½c.  
BUTTER—Packing 18c. Elgin creamery, 60 lb. tubs 28c., prints 29c.  
EGGS—Case count, 17½-18c.  
POULTRY—Hens 12-12½c, roosters 6c. springers 15-16c., ducks 8c., turkeys, 12c., geese 5c.  
WHEAT—No. 2 red \$1.05, No. 3 \$1.00.  
OATS—New No. 3 white 54½c., No. 2 mixed 53½c.  
CORN—No. 2 white 79½c., No. 3 mixed 75c.  
RYE—No. 2 Northern 96c.

large attendance.—These words are true. There are more moonshine stills in Owsley County than has been for ten years, liquor being scattered on every side, shooting on public highways. Not a single effort being made to stop it.—Clayton and Terrah Gentry, Roscoe and Vesty Roberts visited P. M. Frye's Sunday and report a nice time.

### VINCENT

Vincent, July 24.—The farmers thru-out our community are thru farming and are now taking a general rest and vacation.—S. P. Caudell who has the Needmore school in charge is doing fine work. The school has broken its record for enrollment and attendance.—Frank Black a traveling salesman and also nephew of J. C. Botner was here a few days.—John Brewer of this place has gone to Middlesboro to see his son, Harvey who is sick.—The protracted meeting which has been in progress at Travelers Rest for the past week is doing good work.—The graded school on Buck Creek is under way of construction. There will be an educational rally held on the grounds July 30.

### TRAVELLERS REST.

Travelers Rest, July 24.—The Owsley County Institute convenes July 26 to Aug. 1, at Booneville. Prof. Sharon of Richmond is the instructor.—Prof. Calfee and Mr. Bowman of Berea college gave us a free entertainment at the Presbyterian church Friday night July 23.—The Rev. H. F. Floyd and son of Dayton, O., will close their meeting at this place Saturday the 24th. Much good has been accomplished.—Col. Ben Botner attended court at Irvine last week.—Mr. James Browning has joined our baseball team at this place and will probably assist in pitching some future games.—W. C. Hamilton, J. B. Scott and B. B. Botner passed thru town Friday on their return from Travis and other points west.

Travelers Rest, July 26.—J. B. Rowlett is in his seventy-sixth year and he has twelve children, seventy-two grandchildren and twenty-six great grandchildren making in all one hundred and ten descendants.—W. W. Wilson and family spent Sunday with J. G. Rowlett and family.—Nora and Eliza Rowlett are planning to enter school at Berea in September.—Mrs. Tom McGuire of Idamay spent last week with Mrs. J. C. Wilson.